Microdermabrasion Consultation

Please complete the following information to maximise the effectiveness of the treatment and ensure your safety. Please answer all questions and sign below. All information given is treated as confidential.

Microdermabrasion Specialists are fully trained and are able to offer a professional service. However due to the complexity of the human body and botanical science we are unable to offer a guarantee. We are committed to providing the best results possible according to individual reactions, medical conditions and genetic predispositions.

We advise that optimum results will be achieved faster if Microdermabrasion clients are prepared to use the products suggested by their Specialist before commencing and during the course of treatment.

Microdermabrasion is a controlled, non-invasive peeling of the skin utilising a machine. During the procedure, inert corundum crystals are vacuumed over the skin producing a mild “sandblasting” sensation.

During application there will be a warm sensation and the skin will tingle. Immediately after the procedure the face may appear and feel sunburned. While there is minimal discomfort during and after treatment, some of the following side effects may occur: Redness and slight sandpaper effect in the skin, minimal peeling, cold sores, an outbreak of pimples or other gases and impurities that were already present in the skin, slight swelling if the skin is thin and fragile. If you have acne, the acne condition may temporarily look worse after the treatment.

If you do not experience these side effects this is not a sign that the treatment is not working, but rather you are in excellent health and responding to the organic treatment with minimum discomfort. If any of the conditions mentioned do occur, you can expect them to disappear in up to seven days following the final treatment. Please consult your Specialist immediately if you are concerned about any of the above.

It is important to follow instructions for aftercare and to use product and to take advice as instructed. It is also important to wear sunblock everyday as the skin is more susceptible to sunburn.

I understand that the Specialist is not to be held responsible if I use any other product during the treatment series or attend another Microdermabrasion clinic for treatment.

It is not possible to exactly quote the number of treatments required and that number of treatments will vary according to individual skin conditions.

I Acknowledge that I have not been on Roaccutaine/ Retin A/ Renova or any known peeling ingredient during the last 30 days. I acknowledge that I have not had a Microdermabrasion treatment at another clinic in the last 30 days.

I acknowledge that I have not been on a series of A.H.A. Home Care in the last 7 days.

I am undergoing treatment of my own free will. I will accept responsibility for any complications and thereby absolve the clinic and the practitioner and any other associated persons of any blame resulting there from.

I have read and understand the above and accept the conditions.

Brochure/ Information sheet given YES/NO

Client Signature: ____________________________ Specialist: ____________________________
Date: ____________________________ Date: ____________________________

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**Post Treatment**

1. Keep the skin well moisturised as recommended by your therapist.
2. Do not apply makeup for 24 hours (ID Bare Essentials is ok).
3. Protect the skin with a sunblock of at least spf12.

After treatment the skin is initially a little red due to increased circulation. Mild exfoliation is common within the first days but is uncommon when the skin is in better condition.

A course of multiple treatments is usually recommended depending on the individual skin condition.

We recommend that you come and see us for a consultation if you have any further questions regarding microdermabrasion and your skin.

Yours Sincerely
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