

MINUTES WITH...

Hady Wenham

MINDFOOD chats to the skincare guru about her new range, Bless My Skin.



owner of Forme Spa, Hady Wenham, knows a thing or two about healthy skin and has put all her expertise into a new Zealand-made skincare line, Bless My Skin. Packed with naturally derived ingredients and free of nasties – artificial colours and parabens – the line features moisturisers, cleansers and a trio of efficacious serums.

What inspired you to create Bless My Skin?

There are so many skincare lines on the market already, so why? Because while there are cosmeceuticals with active ingredients and natural products without any nasties available, we wanted a skincare range that was natural, looked great in our bathroom and had high-performance ingredients. Clients are very aware of what they are putting on and into their bodies but don't want to sacrifice results, and we wanted something that looked and smelled great too.

Tell me a little bit about how you came up with the products.

We put together a team of our skin gurus and agreed on the types of products we wanted. Then we discussed what we felt were the most effective ingredients and compiled a brief to give to our chemist, ensuring all ingredients are naturally derived. We met with an aromatherapist to choose the right essential oils for fragrance as well, and sourced our matt black glass bottles to give it a point of difference. It was a case of knowing what we wanted as an end product and working backwards to come up with the right formulations. We went through many rounds to get it the way we wanted it, and have had great feedback from our guests!

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VISIT We put the Bless My Skin range to the test on *mindfood.com*. **KEYWORDS:** Bless My Skin



PALETTE POWER

When it comes to make-up, one can never have too many eyeshadow palettes. **Elizabeth Arden** has answered our beauty prayers with **Little Black Compact** (\$79 for two trios and palette, \$35 for each interchangeable palette). Create the eye palette of your dreams by switching up the colour combos as you like. **YSL's** latest take on the smoky eye, **Couture Variation No. 4** (\$150) in

TIP When you're on the go and don't want a handbag full of make-up, use your favourite lip colour to dab on your cheek for a quick touch-up.

Underground, features a hint of deep purple and has a slick point of difference – team with **Eye Gloss Smudger** (\$58) to add a rock 'n' roll edge to your make-up look. Mix and match matte and metallic shades in **Stila Matte 'N Metal Eye Shadow Palette** (\$78) to create a look that dazzles.



BRIGHT SPARK

A luxurious candle or two is the quickest way to brighten up dreary autumn days. A fragrant world of materials in their purest forms feature in **Les Belles Matière** (\$169 each) – **Cire Trudon's** new triptych of three limited-edition candles. Light **Reggio** for an invigorating hint of mandarin from Calabria; **Tandine** for addictive New Caledonian sandalwood; or **Madurai** for a bouquet of Indian jasmine.



LOVELY LIPS

Revlon's new **Ultra HD Gel Lipcolor** (\$27) provides a serious colour hit in one swipe – and lips feel nourished too. The best of both worlds collides in **Chanel Rouge Coco Gloss** (\$62): a nourishing complex keeps lips hydrated around the clock and translucent glass beads light up lips with a mirror-like shine. **bareMinerals Gen Nude Buttercream Lipgloss** (\$28) comes in 20 different shades so there's a nude for everyone. Our favourite multi-tasking **Bobbi Brown** lip colour has received a clever upgrade. **Art Stick Liquid Lip** (\$56) glides on, giving lips a punchy pop of colour.

