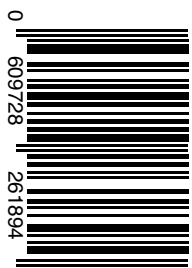


denizen

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SUMMER 17/18 | \$14.90



BE
dazzled





BEST *of* BEAUTY

This year has seen the continued rise of the fresh face.
A naturally glowing visage, achieved with the considered
application of some tried and true favourites, is the look du jour.

Foundation

BEAUTY BLENDER
SPONGE
eastdayspa.com

NARS SHEER GLOW
FOUNDATION
meccabeauty.co.nz

ELLIS FAAS
FOUNDATION
meccabeauty.co.nz

RMS BEAUTY
UN-POWDER
meccabeauty.co.nz

LA PRAIRIE SKIN CAVIAR
ABSOLUTE FILLER
smithandcaugheys.co.nz

FENTY X PUMA SPRING 18

SKIN

Let's strip things back to basics; to achieve a clear complexion there are a few essentials we need. First, a gentle, yet effective formula that works to prep the skin. Then, a hydrating, smoothing primer on which to lay a flawless, dewy foundation. And finally, a subtle brush of blush to the cheeks along with a quick spritz of hydrating spray.

ALEXANDER WANG SPRING 18

Skin Prep

LIGHTSTIM
DEVICE
formespa.co.nz

DR DENNIS GROSS ALPHA
BETA UNIVERSAL DAILY
PEEL
meccabeauty.co.nz

MARIO BADESCU
DRYING LOTION
meccabeauty.co.nz

DOCTOR BABOR
HYALURON INFUSION
formespa.co.nz

Cleanser

VOTARY THREE STEP
CLEANSING SYSTEM
eastdayspa.com

SKIN BY ECOSTORE
BRIGHTENING
EXFOLIATOR
skinbyecostore.co.nz

THE BASE BY LB
LB CREAM
eastdayspa.com

YVES SAINT LAURENT
TOUCHE ÉCLAT
smithandcaugheys.co.nz

Primer

MECCA COSMETICA
SOFT FOCUS
SMOOTHING PRIMER
meccabeauty.co.nz

ESTÉE LAUDER X
VICTORIA BECKHAM
MORNING AURA
ILLUMINATING CREME
smithandcaugheys.co.nz

We Like Party!

But we also like to look good. As the silly season approaches, let us equip you with all the necessary knowledge to prepare for the forthcoming festivities.

For the leading ladies...

As the invitations roll in and the social calendar fills, it's important to prepare. Enlisting the help of those in the know is non-negotiable.

SIX WEEKS OUT

Book in for a free consultation at **Prescription Skin Care** (PSC) to assess your skin's needs. From facials and peels to Botox and more, the team will have you looking your best. Securing an early appointment will allow you to pre-book everything for the weeks that follow and if it's an overhaul of your skincare regimen you desire, the experts will put you in good stead with the plethora of premium products available, including **Aspect Dr. Ultracuticals** and **Exfol A**.

THREE WEEKS OUT

If the consultation steers you in the direction of a peel — where active ingredients are used to exfoliate and detoxify the skin — you will be related to know that with any treatment you book



in for January, you will receive a follow-up peel, for free, in February. PSC is all about creating a skincare plan that goes beyond a single visit. It will include a dermaplane session, which primarily works by taking a scalpel (don't worry, it's entirely painless and non-invasive) and lightly running it over your face to remove any unwanted hair and dead skin cells, evening out skin texture for an unbelievably smooth finish. (Yes, please.)

For your teeth, a whitening session two weeks out (if you opt for in-chair whitening) will ensure enough time to get over the period where you shouldn't be drinking coffee or wine. Or, try the take-home trays which are often considered the superior choice. Luckily, **The Tooth Company** offers a free assessment so you can figure out which option is best for you at the time.

“
...the experts
will put you
in good stead
with a plethora
of premium
products...
”

THREE DAYS OUT

Now is the time to lush up those lashes. We recommend you book in for a **Yumi Lash** treatment (**East Day Spa, Spring Spa**), which gives you the effect of lash extensions, without the added damage. The use of a keratin-infused serum naturally lifts and extends the lashes, lasting up to 10 weeks, covering the best of the summer fun. Being mascara compatible (although it's best to avoid the waterproof variety) it's guaranteed to add some pop to your peepers.

The event wouldn't go to plan if you didn't have a spray tan. Booking an appointment for the day before the event will ensure a bronzed, streak-free glow. The luxurious, new **Spring Spa** in Ponsonby has ample parking right outside, making the dash to and from the booth (sans bra) a breeze. We also love **White Spa** and **Virtue Swim**. To remove the build up of tan in between, you'll want to get your hands on the **Bondi Sands Tan Eraser**.

THE DAY OF

Drop into **Stephen Marr Ponsonby** and see Amber Shirley, she's a whizz with blondes. Likewise, Trish Matthews from **M11** will cater to all your needs, whether that be a fresh cut and colour or simple, beachy waves. Pick up some dry shampoo and spray to keep flyaways at bay, both salons stock our favourites from **Kevin Murphy** and **EVO**.

This season we're coveting minimal, dewy makeup with a simple smudgy eye. Make an appointment with Phoebe Watt at **Mecca Cosmetics** in Ponsonby or Kieke Stanners from **M.A.C** — these pros know how to enhance your features and always give us exactly what we need.

If you have some time between hair and makeup appointments, drop into **East Day Spa** or **Spring Spa** for a mani-pedi. A shellac treatment only takes 30 minutes and will last a couple of weeks, just remember to choose a neutral colour for easy outfit pairing.

For the gentlemen...

One can (and should) assume that turning up to a party with a messy mop and a scruffy five o'clock shadow won't suffice.

SIX WEEKS OUT

A couple of **intense pulsed light (IPL)** treatments — which quickly and comfortably improve skin texture and tone — on the face, chest, arms or hands are a good idea. As are facial peels, which will help to detoxify and stimulate cell turnover. The experts at **PSC** will advise what's best for you. Remember to quote Denizen for a free consultation.

THREE WEEKS OUT

You will of course want to make sure to get those teeth looking bright and white with a take-home tray whitening set or a session at **The Tooth Company**. In addition, if you find yourself sweating more than one should, head into **PSC** for a few injections of Botox in the underarms, which work to minimise and block the sweat glands, lasting anywhere between three months to a year. Hurrah! No more embarrassing sweat patches.

THREE DAYS OUT

There is nothing like a fresh cut and shave, so pop into one of Auckland's best barbers (you can consult our guide online at www.denizen.co.nz) for all your grooming needs.

Given it's summertime, your event might take place in a more relaxed setting, say, a beachfront property? Accordingly, if you've decided to don a pair of slides, it's advised to put your best foot forward. A trip to **The Studio** (next to Gusto at The Grand) for a pedicure from the **East Man** menu is effortless and relaxing. Or, should you prefer to DIY, a **Dovo Manicure kit** has all the necessary tools.

A pool party or two might also be on the cards. Book in for the 'bacial' (back facial) treatment from **Forme Spa** to ensure clear, smooth, skin all over.

THE DAY OF

Head back to **The Studio** to peruse the **East Man** menu — it's worth noting that you can enjoy a beer while they tend to your needs. If it's relaxation you're after, the **Urban Gentleman** massage is 90 minutes of pure indulgence. Likewise, a manicure (don't worry, it's nothing like the nail salons you're probably imagining) wouldn't be onerous.

Once you've showered with **Baxter of California Invigorating Body Wash**, be sure to slather some **Triumph & Disaster No Dice sunscreen** and **Gameface Moisturiser** on your face and put some **Ponsonby Pomade** through your hair. Then suit up and you're good to go. Too easy.

A DEFINITIVE LIST OF OUR FAVOURITE DESTINATIONS FOR ALL THINGS GLAM AND GROOMING

Face

prescriptionskincare.co.nz
formespa.co.nz
aboutman.co.nz

Nails

eastdayspa.com
springspa.com
The Nail Bar Ponsonby
biba.co.nz

Hair

m11studio.com
stephenmarr.co.nz
dryandtea.com

Tan

springspa.com (Ponsonby only)
virtueswim.co.nz
whitespa.co.nz

