

# Our Treatments

## Skin Analysis

Skin Diagnosis	25 mins	\$49
Advanced Skin Analysis	55 mins	\$89

## Bioelements Facials

Award-winning skin care, high quality professional products custom-blended for you.

Mini-Facial	25 mins	\$69
Core Facial (A great introductory facial)	55 mins	\$99
Booster Facials	55 mins	\$109
(Calming/Stress Solution/Vitamineral Power Facial/Emergency Soothing Facial/Skin Treatment for Men)		
Specialist Facials	55 mins	\$135
(Double surface peeling treatment/Pumice Peel Manual Microdermabrasion/Flaxx C Anti-Aging/Lightplex Brightening/Oxygenation/Alphablend Maximum Exfoliant Treatment)		

Prepay for a course of 5 facials and get the 6th facial free

## Environ Facials

A highly active range using topical Vitamins A & C

Debut Facial (a great introductory facial)	55 mins	\$99
Vitamin Infusion Facial	55 mins	\$149
Vitamin Infusion with Line Buster	70 mins	\$189

Prepay for a course of 5 facials and get the 6th facial free

## Add-on treatments

Extra Massage	per 15 mins	\$25
Back Massage	per 15 mins	\$25
Eye Treatment		\$15
Hand Treatment		\$15
Decollete Restorer		\$29
Elbow Rescue		\$15
Zap the Spot		\$25
Microdermabrasion		\$69

## Peels

Peel	25 mins	\$84
Peel with Bioelements Facial	55 mins	\$135

Prepay for a course of 5 peels and get the 6th peel free

## Microdermabrasion

Microdermabrasion	40 mins	\$99
Course of 3 prepaid		\$249
Add-on to facial		\$69

Prepay for a course of 5 microderms and get the 6th microderm free

## Power Combo

Microdermabrasion followed by Vitamin Infusion Facial with Line Buster Treatment	85 mins	\$249
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## IPL - Photo Rejuvenation

Nose/small area	15 mins	\$125-\$175
Cheeks/larger area	25 mins	\$200-300
Full face	40 mins	\$400
Back of hands	15 mins	\$200

Prepay for 5 full priced sessions and receive the 6th session free

## Make-up application

Light make-up	25 mins	\$49
Special occasion	40 mins	\$79
Bridal make-up including trial and lipstick		\$199
Lash Xtension add-on		\$29
Make-up lesson	55 mins	\$99

## Massage

Relaxation/Swedish	25 mins	\$59
	55 mins	\$99
	85 mins	\$149
Deep Tissue	55 mins	\$109
Pregnancy	25 mins	\$59
	55 mins	\$99
Hot Stone	55 mins	\$119
	85 mins	\$159

Prepay for 5 full priced sessions and receive the 6th session free

## Spa Body Treatments

Cactus Cloth Body Polish	25 mins	\$59
Exfoliating Body Scrub	25 mins	\$59
Mud Therapy Mineral Wrap	25 mins	\$69
Back Treatment	40 mins	\$99
Aromatherapy Oil Relaxing Wrap	55 mins	\$109
Herbology Rexturiser Smoothing Wrap	55 mins	\$119
Arctic Algae Detoxifying Wrap	55 mins	\$129
Cyothermic Slimming Body Wrap	55 mins	\$129
Body Profile Cellulite Treatment	45 mins	\$89
	60 mins	\$119

Mini-Facial add-on		\$49
Aqua Soak in Geisha Tub	20 mins	\$49
(only with massage/facial – Albany spa only)		
Spa Body Relax – Hydrotherapy Capsule		\$49
(Add-on with selected body wraps – Albany spa only)		
Body Bronze Spray Tan	15 mins	\$55
Body Bronze & Cactus Polish	40 mins	\$99

## Manicures & Pedicures

Ultimate Pedicure	70 mins	\$115
Spa Pedicure	55 mins	\$89
Express Pedicure	40 mins	\$69
Mini Pedicure	25 mins	\$45
Spa Manicure	55 mins	\$85
Express Manicure	40 mins	\$65
Mini Manicure	25 mins	\$45
French Polish add-on		\$20

## IPL - Hair Removal

Consultation	30 mins	\$49
Standard Bikini	15 mins	\$180
Extended Bikini	30 mins	\$250
Brazilian	30 mins	\$350
Underarms	15 mins	\$150
Upper Lip or Chin	15 mins	\$99-\$129
½ Leg Lower Leg	60 mins	\$479-549
½ Leg Upper Leg	75 mins	\$499-649
Full Leg	2 hours	\$749-949
Stomach	30 mins	\$200
Toes	15 mins	\$99

Treat 2 areas in one session and receive a 10% discount

Treat 3 areas in one session and receive a 15% discount

Or prepay for 5 full priced sessions and receive the 6th session free

## Male IPL - Hair Removal

Full Back	60 mins	\$599-699
½ Back	30 mins	\$349-449
Full Chest	30 mins	\$349-449
½ Chest	30 mins	\$249-299

Treat 2 areas in one session and receive a 10% discount

Treat 3 areas in one session and receive a 15% discount

Or prepay for 5 full priced sessions and receive the 6th session free

## Waxing

Bikini		\$32
G-String Bikini		\$45
Underarm		\$27
Brazilian 1st time		\$75
Brazilian 4-6 weekly		\$59
Half Leg		\$42
Full Leg		\$65

Treat 2 or more areas at one appointment and take 10% off the total

## Male Waxing

Chest or Back	from	\$39-79
Full Leg	from	\$79-99

Treat 2 or more areas at one appointment and take 10% off the total

## Tinting & Shaping

Brow Shape		\$29
Lash Tint		\$29
Brow Tint		\$29
Combine 1 of above with a facial		\$22
Lash Tint & Brow Shape		\$49
Lash & Brow Tint		\$42
Lash & Brow Tint Brow Shape		\$59

## Electrolysis

Treatment	10 mins	\$34
Treatment	25 mins	\$54
Red Vein	10 mins	\$59
	25 mins	\$99



## Gift Ideas

What better gift than relaxation and time-out? Talk to us about the person you are buying for, and we'll come up with some options that they will love.

You can choose from one of our packages below, a single treatment or your own combination of treatments, or a dollar value. Our vouchers are able to be redeemed at any of our five spas, and are valid for 6 months from the date of issue, and are beautifully presented in a gift bag.

### **Forme Spa Platinum**

**12 months – Value \$1350. Prepaid \$1149**

A year full of spa luxury! Includes 4 Bioelements Spa Body Treatments; 4 customised Bioelements Booster Facials or 4 Environ Debut Facials; 4 one hour Relaxation Massages. Come in once a month, or combine a couple of treatments for an indulgent spa experience every other month.

### **Forme Spa Elite**

**12 months – Value \$1188. Prepaid \$1069**

Choose from one of the following: either a one hour Massage, a Bioelements Booster Facial, an Environ Debut Facial, or a Spa Pedicure each month for 12 months!

### **What Every Woman Wants: 3.5 hours \$349**

Some precious me-time. This treatment combines the very best – a Spa Body Relax Treatment in the capsule using steam/light therapy/exfoliation/body mask and vichy shower, a hydrating Booster Facial, Spa Pedicure and light spa lunch in our Relax Room.

*Albany spa only.*

### **Spa Express: 2 hours \$199**

2 hours for the time-poor, this combination lets you get maximum feel-good in minimum time. A Mini Manicure, Mini Pedicure, Express Back Massage and Express Facial – 4 mini treatments that still give results and have you leaving feeling refreshed and groomed.

### **The Spa Diva: 3 hours**

Head-to-toe rejuvenation. A one hour Bioelements Booster Facial will revive your skin, followed by a Bioelements Herbology Retexturiser Body Wrap to rejuvenate you from head to toe. Complete your treatment with a Spa Manicure or Spa Pedicure.

### **Chill Out: 2.25 hours \$199**

Ready for some me-time? Start with a relaxing foot soak to wind down, then unwind further with a one hour full Body Massage to ease stress and tension, followed by a one hour Bioelements Booster Facial to rejuvenate and refresh your skin.

### **Total Detox: 1.5 hours \$179**

If your system is straining with too many toxins, experience a Bioelements Mud Therapy Body Wrap, followed by a full Body Massage to detox and relax. Take home a body brush to keep the toxins at bay!

### **Mother 2 Be: 1.5 hours \$139**

Nuture yourself and your baby with this soothing massage performed on a maternity body pillow, allowing you to lie comfortably on your stomach. Add to this a Spa Pedicure for the hard-to-reach toes and you'll feel blissed out.

### **Yummy Mummy: 1.5 hours \$159**

For the new mum in need of a break, the Yummy Mummy is an express package for maximum relaxation in minimum time. A half hour anti-stress Back Massage, Mini-Facial and Mini-Pedicure will have the new mum feeling like her old self in no time.

### **Men's Work: 1.5 hours \$159**

Men need time out too! An anti-stress Back Massage will help you unwind, followed by a Bioelements Skin Treatment for Men to relieve signs of tiredness, with a relaxing Foot Massage for total bliss.

### **Couples Relaxer: 2 hours \$189/person**

When life is too busy, get off the merry-go-round with your partner for a couple of hours. Enjoy a Bioelements Booster Facial/Skin Treatment and a stress-busting full Body Massage to get you back in a state of relaxation.

### **Romance in the VIP Suite: 1.5 hours \$239 for two**

Enjoy quality couple-time in our VIP suite in our Albany spa. Enjoy the Aqua Soak together to relax and unwind, followed by a full Body Massage to ease stress.

### **All For You**

If you haven't found a package here that is quite right for you, create your own combination! Add together any Massage, Facial, Manicure/Pedicure or Spa Body Therapy combination of 2.5 hours or longer, and take 10% off the total. All treatments must be enjoyed on the same day.

**formé** skin & body spa

*Love the skin you're in*