



# informed

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# formé spa

## this issue

- new year new you package
- cellulite treatments
- lumiere light therapie
- ID bare crystals
- valentine's day romance special
- And much more...

1-4 kell drive, albanys  
ph 09 - 415 4915

133 mt eden road, mt eden  
ph 09 - 623 3242

4 st stephens ave, parnell  
ph 09 - 377 9274

39 spring st, ponsonby  
ph 09 - 378 8682

336 remuera rd, remuera  
ph 09 - 520 1398

19a huron st, takapuna  
ph 09 - 489 9908

60 victoria st,  
wellington central  
ph 04 - 472 2866

[www.formespa.co.nz](http://www.formespa.co.nz)



## new you package

New Year New You? Tired of the same old tired looking you and need some rejuvenation? Now is the time to do it with this unbelievable offer. Your skin will look hydrated, you will feel relaxed, pampered and like a new you!

- Hydrating Facial **\$109**
- Lumiere Light Therapie Add-on **\$79**
- Skin assessment using UV scanner **FREE**
- Pressure Point Scalp Massage **FREE**
- Aromatherapy Neck & Shoulder Massage **FREE**
- Multi-Task Eye Treatment **FREE**
- Exfoliating Mango Foot Scrub **FREE**
- Hot Stone Foot Massage **FREE**
- Toe Nail Paint in a summer fashion shade **FREE**
- Home care advice **FREE**

### New Year New You Package

# \$179

 (Value Over \$250)

Valid to 31/03/2010. Gift vouchers available but must be redeemed by 31/03/2010. Albany spa: Microdermabrasion add-on treatment is available instead of Lumiere.



2010 – I'm not sure if it is the start of a new decade or the more positive economic outlook, but there is a sense of energy and excitement at Forme Spa.

Our ongoing focus to deliver world class service to you is still our key driver, and we enjoy working together as a team to deliver to you an experience that will leave you rejuvenated!

## Had y

## mt eden make-over

133 Mt Eden Rd had a major make-over before we moved in to create that special Forme Spa environment. It is a boutique spa with 4 treatment rooms (including a couples room), with lots of high-tech equipment like microdermabrasion, Environ DF plus a new Lumiere Light Therapie treatment for non-invasive rejuvenation plus all of our regular beauty therapy and massage treatments. Located opposite Shoe Science north of the Mt Eden Village, it is a really convenient location with free parking opposite.

Caroline, our Therapy Manager, was awarded Top Therapist 2009, so you know you are in exceptional hands! Caroline has trained Kosha, so you can rely on a great experience with Kosha also. Tracy-Leigh opened the Spa in Mt Eden, and then took up the opportunity to open our new Wellington spa. Replacing her with many years of international spa experience is Vida.



## ID bare crystals

An amazing kit of goodies, many that you can't normally buy in NZ!



- Feather Light Mineral Veil (travel size)
- Rock Crystal Eyecolour
- Gilded Quartz Eyecolour
- Smoky Quartz Liner Shadow
- Rose Quartz Blush
- Racquel Buxom Lip Plumper
- Eyeliner Brush
- Eye Defining Brush
- Soft Focus Face Brush

Special price

**\$149** (Value over \$350)

**PLUS:** Book instore for a full make-up application of Bare Crystals with Kim Larsen, ID make-up artist. \$25 booking fee redeemable on ID purchase on the day. Appointments 1-6pm. Albany Tues 2 March. Parnell Fri 5 March. Ponsonby Thu 11 March. Mt Eden Fri 12 March. Takapuna Wed 17 March. Remuera Fri 19 March.

## have you been hiding this summer?



If cellulite and lack of tone has kept you covered this summer, now is the time to do something about it before the good weather goes. Don't think painful and expensive liposuction. Ionithermie is the answer.

Over one million treatments are performed annually world-wide.

Since its launch over thirty years ago, IONITHERMIE has become one of the most well-known and popular body treatments in spas, salons and clinics throughout the world in over 80 countries and on 110 luxury ocean cruise ships. Over 50 million clients have chosen Ionithermie

as their preferred professional body treatment.

After seven years of clinical research and safety testing, French biochemist Oliver Fouche launched IONITHERMIE in France in 1979. This unique and remarkably effective treatment targets cellulite in the deepest layer of the dermis where cellulite resides. The results are amazing!

Ionithermie works by using two kinds of electrical stimuli, accompanied with algae and thermal clay containing active ingredients derived from the finest plant extracts. Ionithermie penetrates deep into the cellular level providing a much more effective total body cellulite treatment. It is the only treatment on the market to incorporate all of these elements to maximize the results on cellulite.

The number of treatments you will need depends on the level of cellulite you have which we assess at our consultation with you.

**A course of 3 treatments is \$549, 5 sessions \$899 or 10 sessions \$1599.**

Available in our Parnell and Albany spas. Call now for more information and enjoy the benefits this summer!

## valentine's day feb 14th



What better excuse to add some romance into your relationship than at Valentine's Day? Create a happy memory with our Valentine Romance special. Enjoy a back massage together at \$59 each, and receive a free pressure point foot massage plus a Roses Handsoap (Value \$58). Gift vouchers available. While stocks last.

## look younger. look better. have you seen the light yet?



Due to the outstanding feedback we have purchased 3 more Lumiere Light Therapie machines for Parnell, Mt Eden and Wellington. Using visible red LEDs, Lumiere works with the body's own natural processes to counteract the effect of aging. After each treatment your skin will feel soft and glow, but the real work happens beneath the surface as the collagen and elastin production is stimulated over the next 8-12 weeks.

**Introductory Offer:** available to spa guests who have not experienced Lumiere before:

Microdermabrasion and Lumiere

**OR**

Lactic Peel and Lumiere

**\$129** (value \$198)

Valid to 31/03/2010.

If you have done a course of treatments, you might like to consider our top-up offer:  
3 Lumiere treatments

**\$249** (normally \$297)

## forme awards!

Each year we recognise outstanding performers in the Forme Spa group. Please join me in congratulating the 2009 winners:

**Top Spa:** Forme Spa Albany

**Top Beauty Therapist:** Caroline Hunt

**Runner-Up:** Lynette Mackay

**Top Anti-Aging Therapist:** Lois Allen

**Runner-Up:** Eloise Collins

**Top Graduate:** Samantha Warstat

**Runner-Up:** Kosha Richardson-Johnson

**Top Bioelements Therapist:** Francesca Freda

**Runner-Up:** Blaise Kerr-Bell